




Mon 3	Tue 4	Wed 5	Thu 6	Fri 7
Sweet & Sour Chicken Brown Rice Asian Vegetables Roast Beef & Cheese Sandwich (alternate)	Grilled Cheese Alt. Grilled Cheese w/Ham Tomato Soup Crinkle Cut French Fries Chicken Salad Sandwich (alternate)	Pasta with Meat Sauce Alt-Pasta w/Marinara Sauce French Bread Steamed Carrots Hummus Wrap (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Lite Italian Dressing Juice-Assorted Turkey & Cheese Sandwich (alternate)	No Lunch Today  See you next time!
Mon 10	Tue 11	Wed 12	Thu 13	Fri 14
Chicken Tenders Ketchup-pc BBQ Sauce-pc Dinner Roll Baby Carrots Ham & Cheese Sandwich (alternate)	Baked Ziti Romaine Salad w/Caesar Dressing French Bread Salami and Cheese Sandwich (alternate)	French Toast Sticks Sausage Patty Hash Brown Patty Turkey Salad Sandwich (alternate)	Whole Grain Stuffed Crust Pizza 3 Bean Salad Juice-Assorted Bologna & Cheese Sandwich (alternate)	No Lunch Today  See you next time!
Mon 17	Tue 18	Wed 19	Thu 20	Fri 21
Popcorn Chicken Ketchup-pc BBQ Sauce-pc Seasoned Carrots w/Parsley Brown Rice Roast Beef & Cheese Sandwich (alternate)	Ham, Egg & Cheese Bagel-Secondary Potatoes-Diced White Bean Salad Chicken Salad Sandwich (alternate)	Meatballs w/Sauce Garlic Bread Green Beans Tuna Salad Sandwich (alternate)	Beef & Cheese Burrito Alt-Bean & Cheese Burrito Sour Cream pc Salsa Lime Cilantro Rice Seasoned Corn Turkey & Cheese Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Ranch Dressing Juice-Assorted Hummus Wrap (alternate)
Mon 24	Tue 25	Wed 26	Thu 27	Fri 28
Chicken Nuggets Dinner Roll Broccoli Ham & Cheese Sandwich (alternate)	Double Cheeseburger Tater Tots Steamed Carrots Salami and Cheese Sandwich (alternate)	Mozzarella Sticks Garlic Bread Green Beans Turkey Salad Sandwich (alternate)	Walking Taco Sour Cream pc Brown Rice Seasoned Corn Refried Beans Bologna & Cheese Sandwich (alternate)	Whole Grain Stuffed Crust Pizza Romaine Salad w/Lite Italian Dressing Juice-Assorted Tuna Salad Sandwich (alternate)
Mon 31				
General Tso Chicken Brown Rice Asian Vegetables Hummus Wrap (alternate)				

Fruit Apple - Apple Juice 4oz Carton - Apple Slices-packaged - Applesauce - Banana - Blueberries-Frozen - Cantaloupe - Dried Cherries - Fruit Cocktail-Canned - Fruit Punch Juice 4 oz Carton - Grape Juice 4oz Carton - Honeydew Melon - Mixed Berries-Frozen - Orange - Orange Juice 4 oz carton - Peaches-Canned - Pear - Pears-Canned - Pineapple-Canned - Plums - Strawberries
Menu Subject to Change- - Allergen information for menu items is available

ALL Students are eligible for 1brkfst & 1 lunch daily at no cost

Condiments BBQ Sauce-pc - Ketchup-pc - Mayo-pc - Mustard-pc - Honey Mustard - Ranch Dressing - Italian Dressing - Frank's Hot Sauce

Milk 1% Milk - Chocolate Milk - Fat Free Milk

MS-Alternate Entrees Chicken Cutlet Sandwich - Italian Combo (alternate) - Cheeseburger - Hamburger - Peanut Butter and Jelly Sandwich

Secondary Breakfast(\$0.00)

Secondary Lunch(\$0.00)

Milk(\$0.75)

View more: <http://schools.mealviewer.com/school/NewPaltzMiddleSchool>

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